

SECOND YEAR HIGHER SECONDARY EXAMINATION MARCH 2018

SUBJECT: PSYCHOLOGY

CODE. NO: ~~Q~~ 9031

Qn No	Sub Qns	Answer Key/Value Points	Score	Total
1		a) Spearman	1	1
2		d) 120	1	1
3		a) Thematic Apperception Test	1	1
4		b) Lazarus	1	1
5		b) Fuge	1	1
6		d) Rational Emotive Therapy	1	1
7		c) Transference	1	1
8		a) Fritz Heider	1	1
9		c) Social loafing	1	1
10		a) Compliance	1	1
11		a) Asch	1	1
12		b) Discrimination	1	1
13		b) Sender	1	1
14		Individual or Group tests Verbal, Non Verbal or Performance tests Culture fair or Culture biased tests List out any 4	1/2 score each	2
15		Explain briefly about any 2 - Occupational therapy - Social skill training - Vocational therapy	1+1	2

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16	List out any two	- Education and information dissemination - Increasing intergroup contact - Highlighting Individual Identity rather than group identity.	1+1	2
17	List out any four	- Introduction of Superordinate goals - Altering perceptions - Increasing intergroup contacts - Redrawing group boundaries - Negotiations - Structural Solutions - Respect for other group's norms	1/2 each	2
18	Explain briefly Id - Ego - Superego		1+1+1	3
19	Explain any three	- Assertiveness - Time Management - Rational Thinking - Improving Relationships - Self care - Overcoming unhelpful habits - Factor facilitate positive health (diet, exercise, positive attitude, positive thinking, Social Support) OR Any three life skills by WHO	1+1+1	3

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20	Explain GAS	- Alarm Reaction stage	1	3	
		- Resistance Stage	1		
		- Exhaustion Stage	1		
21	Explain any three symptoms from the following categories:	- Positive Symptoms	1	1+1+1	3
		- Negative Symptoms	1		
		- Psychomotor Symptoms.	1		
22	Explain any two techniques:	- Negative Reinforcement	1/2	3	
		- Aversive Conditioning	1/2		
		- Positive Reinforcement	1/2		
		- Token Economy			
		- Systematic desensitisation			
		- Modelling			
		- Principle of reciprocal inhibition			
23	Explain briefly any three:	- free association	1	3	
		- Transference	1		
		- Dream interpretation	1		
		- Interpretation	1		
		- Resistance Analysis	1		
		- Confrontation	1		
		- Clarification	1		
		- Working through			
		- Insight			

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24	Explain briefly any three factors:	- Family and School Environment - Reference groups - Personal Experiences - Media related influences	1 1 1	3
25	Explain briefly about:	- Primary and Secondary groups - Formal and Informal groups - Ingroup and Outgroup	1 1 1	3
26	Explain any three Causes:	- Poor themselves responsible - Culture of poverty - Economic, social and political factors - Discrimination - Geographic region - Poverty cycle	1 1 1	3
27	Explain briefly (Any three)	- TV provides large amount of information, reduces habit of reading, writing and outdoor games. - Effect on ability to concentrate, Creativity, understand and social interactions - Aggression and Violence among viewers - Develop consumerist Attitude	1 1 1	3
28	List out and explain	- Opening - The body - The closing	1+1+1	3

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29	Write a short note on any three			
	- Authenticity	- Empathy	1	
	- Positive regard for others		1	3
	- Para phrasing		1	
30	Identify the Psychologist as Howard Gardner		1	
	- Naming the theory as Multiple Intelligence		1	6
	- Explain Multiple Intelligences			
	- Linguistic	- Logical Mathematical	$\frac{1}{2} \times 8$	
	- Spatial	- Musical	= 4	
	- Bodily kinesthetic	- Interpersonal		
	- Intra personal	- Naturalistic		
31	Explain humanistic approach by Maslow		2½	
	Explain humanistic approach by Roger		2½	6
	Compare and Contrast two approaches		1	
32	Explain anxiety disorders			
	- Introduction about anxiety disorders		1	
	- Generalised Anxiety Disorders		1	
	- Panic Disorder		1	6
	- Phobias (specific, Social and Agrophobia)		1	
	- Obsessive Compulsive Disorder		1	
	- Post-traumatic Stress Disorder (PTSD)		1	